



Treasure Tots

Pre-School - Nursery School

- Alberton -



MENU

Week 1

BREAKFAST - MONDAYS, WEDNESDAYS AND FRIDAYS

Porridge and Juice or Tea

TUESDAYS AND THURSDAYS

Oats and Juice or Tea

SNACK 09:30am - Sandwiches with Jam, a Fruit and Tea

LUNCH

MONDAY - Macaroni Bolognaise with Beetroot

TUESDAY - Pap, Sausages, Baked Beans with Tomato & Onion Gravy

WEDNESDAY - Chicken à la king with Rice

THURSDAY - Mash, Fish Fingers with Baked Beans and Pumpkin

SNACK 14:30pm - Sandwiches with Jam, a Fruit and Juice

FRIDAYS



WEEK 1	WEEK 2	WEEK 3	WEEK 4
Hamburgers	Hotdogs	Vetkoek and Mince	Pizza Tray

AFTERCARE

THURSDAY - Chicken Mayo Sandwiches



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MENU

Week 2

BREAKFAST - MONDAYS, WEDNESDAYS AND FRIDAYS

Porridge and Juice or Tea

TUESDAYS AND THURSDAYS

Oats and Juice or Tea

SNACK 09:30am - Sandwiches with Jam, a Fruit and Tea



LUNCH

MONDAY - Macaroni, Chicken Viennas and Cheese with Beetroot

TUESDAY - Pap, Meatballs and Sauce

WEDNESDAY - Chicken and Vegetable Stew with Rice

THURSDAY - Mash, Sausages with Baked Beans and Pumpkin

SNACK 14:30pm - Sandwiches with Jam, a Fruit and Juice

FRIDAYS

WEEK 1	WEEK 2	WEEK 3	WEEK 4
Hamburgers	Hotdogs	Vetkoek and Mince	Pizza Tray

AFTERCARE

THURSDAY - Chicken Mayo Sandwiches



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MENU

EMERALD CLASS

Week 1

LUNCH

- MONDAY - Sweet Potato and Carrots
- TUESDAY - Pumpkin
- WEDNESDAY - Butternut
- THURSDAY - Mash and Baby Marrow
- FRIDAY - Gem Squash



Week 2

LUNCH

- MONDAY - Pumpkin
- TUESDAY - Gem Squash
- WEDNESDAY - Sweet Potato and Carrots
- THURSDAY - Mash and Baby Marrow
- FRIDAY - Butternut

Will progress with added meat